

Miami Valley Career Technology Center Press Release

For Further Information Contact:

Kelly Herzog

MVCTC Public Information Coordinator

Phone - 937-854-6056

E-Mail – kherzog@mvctc.com

Check us out on Twitter at www.twitter.com/mvctc Or become a fan on Facebook

For Immediate Release – March 2010

MVCTC Students Earn Power of One Awards

Clayton, Ohio - Miami Valley Career Technology Center (MVCTC) FCCLA students in the Hospitality Services program recently won "Power of One" awards. This project is a self-improvement project that sets five goals for the individual to achieve. Each student has the POWER to get more from life. Their POWER can lead to new skills, special accomplishments, and special recognition. The "Power of One" winners will receive a plaque honoring their award at the State FCCLA Convention in Columbus on April 15.

MVCTC students earning the "Power of One" award were Stephanie Boring (Northridge), Joshua Holt (Troy Christian), Mary Rafferty (Tipp City), Da'Meko Saddler (Northmont), and Erin Schumacher (Miamisburg). Each of these students completed an in-depth project for each of the five units required. This included:

- 1. "A Better You"-improve on personal traits
- 2. "Family Ties"-get along better with family members and contribute to family responsibilities
- 3. "Working on Working"-explore and prepare for careers and the work-world
- 4. "Take the Lead"-develop leadership skills and/or act as a volunteer
- 5. "Speak Out for FCCLA"-tell others about the FCCLA organization

MVCTC staff involved included Barb Leis (Hospitality Services instructor), Brad Hammontree (English), and Sandy Royer (Health and Consumer Sciences Supervisor). Mrs. Leis and Mr. Hammontree teach collaboratively with the students in Hospitality Services and English classes to guide the students through the project.

Mrs. Leis shared, "The students worked very hard to set and accomplish five goals. They documented their goal accomplishment with proof, photos, and letters of recommendation. The project acts as a portfolio of training and accomplishments in the Hospitality Services program."

Mr. Hammontree stated, "Setting even one goal and following through to achieve it is difficult for most people. Just look at how people handle their New Year's resolutions. The Hospitality Services students set five goals, worked to accomplish those goals, were able to demonstrate their success in writing, and presented their results in the form of a binder and an interview to a judge. This is truly hard work and an accomplishment worth recognizing. Congratulations to all Power of One participants!"

MVCTC is very proud of all the winners and congratulates them on their hard work and dedication. MVCTC students in the career technical programs of Culinary Arts, Early Childhood Education, and Hospitality Services participate in FCCLA. This organization allows students to develop leadership and professionalism, and to demonstrate their knowledge in contest at the regional, state, and national levels. For more information on MVCTC career technical programs, please visit www.mvctc.com.

###

Photo 1: MVCTC FCCLA students who won the Power of One Awards for 2010. Front row – Mary Rafferty (Tipp City) and Stephanie Boring (Northridge). Back Row – Da'Meko Saddler (Northmont), Joshua Holt (Troy Christian), and Erin Schumacher (Miamisburg).